

Sadako's Pasta Sauce

- 1 lb mild Italian sausage
- 1 lb lean ground beef
- 1 tbs crushed garlic
- 1 tbs dry crushed basil
- 1 large bay leaf
- 1 tbs dry Italian seasoning
- 2 tsp dry crushed oregano
- 12 oz tomato paste
- 30 oz tomato sauce
- 8 cups water

Remove casing from sausage and fry with beef and garlic until no longer pink (crumble as much as possible). Add spices and liquids and simmer until thickness you prefer. Measurements are flexible and can be adjusted or substituted. Serve in generous portions over your favorite pasta or spaghetti squash.

Sadako Delcollo



A recipe from Dan Delcollo's web site
www.delcollo.us/recipeindex.html